

Mill Creek Youth Center

I Plan, Act, Succeed, and Sustain (iPASS)

Life is about choices, and that is what the new Transition Cottage at Mill Creek Youth Center (MCYC) is all about. The iPASS program is based on positive accomplishments. It prepares youth who are within 4 to 6 months of their Parole Hearing by providing an environment where they are responsible to make their own choices. MCYC has partnered with several community agencies to give our youths the opportunity to make choices and practice life skills in an environment geared toward real life situations. The youths are taught numerous independent living skills, including financial management, interview and job skills, cooking, budgeting, and many others. They also have an opportunity to learn how to advocate for themselves and make decisions about work, school, and the future in general. The goal of this new venture is to successfully link our youths to community supports so they can be positive, productive, law-abiding citizens. Clinicians facilitate a cognitive behavioral group - *Fifty Social Life Skills Everyone Should Know*. In addition, Clinicians provide individual and family therapy sessions during their time at Mill Creek Youth Center, and as they transition into the community. Our goal is to have an impact on positive youth outcomes and recidivism.

Loralee Gacioch
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Transition Cottage Supervisor