School Based Outreach provides in-school services, for moderate to high risk youths, and for youths at risk of being involved in Utah’s juvenile justice system.

Program Description:
School based services are designed to improve a youth’s attendance and academic performance as well as teach prosocial skills such as problem solving, peer refusal, and anger management. This service strives to promote each youth’s self-efficacy, competence, resilience and belief in the future. The program will:

• Teach problem solving, decision making, goal setting and resiliency skills through quick interactive lessons in the school and community
• Establish collaborative relationships with outside agencies (LMHA, School District, Law Enforcement Agencies, DCFS, and Probation) to keep youth accountable and educate families about what resources are available in the community
• Mentor select youth and their families teaching skills such as positive discipline, routine, responsibility, time management, rules and rewards, communication and creating wholesome traditions

Evidence-Based Curricula include:
Strengthening Families, ADAPT, Carey Guides, and Why Try.

Exclusionary Criteria:
include, but not limited to, active psychosis, actively suicidal, assaultive towards peers, and sexually acting out.

Length of Stay:
Length of stay in the program is individualized between 60-90 days.